



Re-Spa @ Harities

**Spa Menu &
Activity Brochure**



30 Minutes Massages

Per Person: R300

Per Couple: R500

30 Minutes Back, Neck & Shoulders Massage

Release tension with a back, neck & shoulder massage. This massage is great for tense shoulders, back pain, to reduce stress and relieve pinched nerves

30 Minutes Indian Head Massage

Indian Head Massage focuses on your head, neck and shoulders and improve scalp and hair condition. It is a deep massage using a variety of pressure and techniques, including circular massage strokes on your scalp, deep tissue work on your shoulders, and stretching the neck

30 Minutes Foot and Leg Massage

Foot and Leg massage is an incomparable pleasure, which not only relieves fatigue, leaves leg muscles and the body in tone, but also is a unique relaxing procedure. Stimulation of this areas can help alleviate pain in the back and bring a general easiness to the body

30 Minutes Reflexology Hands OR Feet

Reflexology is the application of appropriate pressure to specific points and areas on the hands or feet. These reflex points correspond to different body organs and systems, and pressing them creates real benefits for your health

30 Minutes Facial Massage

A Facial Massage is a beauty treatment to slow down the aging process and achieve younger looking and healthier skin

60 Minutes Massages

Per Person: R450

Per Couple: R800



60 Minutes Full Body Swedish Massage

As the best known type of massage, one of the primary goals of the Swedish massage technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart.

60 Minutes Full Body Aromatherapy Massage

Aromatherapy Massage is a Swedish Massage Therapy using massage oil that contains essential oils (highly concentrated plant oils). During this massage, you inhale these essential oil molecules, absorb them through your skin. They are thought to promote beneficial changes in your mind and body by affecting the limbic system, a region of the brain known to influence the nervous system

60 Minutes Full Body Hot Stones Massage

Hot Stone Massage is a type of massage therapy that involves the use of smooth, heated stones. The massage Therapist places the Hot Stones on specific points of your body and also hold the stones while giving the massage. The localized heat and weight of the stones warm and relax muscles, allowing the massage therapist to apply deeper pressure to those areas without causing discomfort

60 Minutes Lymphatic Drainage Massage

Lymphatic drainage uses very light pressure and long, gentle rhythmic strokes to increase the flow of lymph and reduce toxins in your body. The pressure from your blood vessels and movement from your muscles push the lymphatic fluid around. It also helps for weight loss



Body Treats

Products Used:
Matsimela

30 Minutes Full Body Exfoliation

To maintain healthy looking skin, dead skin cells on the surface of your skin should be removed – which is why a full body exfoliation is the perfect treatment. Said to have been invented by the ancient Egyptians, exfoliation is designed to leave your skin feeling soft, smooth, refreshed and rehydrated

Per Person - R300

30 Minutes Full Body Wrap

A body wrap - also known as a 'body cocoon' or 'body mask' - is a spa treatment created to enhance the health and appearance of skin, and/or reduce body measurements. A nourishing oil or mineral-rich formula is applied to the limbs and torso before they are covered with a thermos blanket

Per Person - R300

Full Body Exfoliation & Wrap Combo

Combination of 30 Minutes Full Body Exfoliation and 30 Minutes Full Body Wrap

Per Person - R500

Facials

Products Used:
Matsimela



Express Facial

For those on the go who want to brighten and clarify their skin tone. This quick but thorough facial includes cleansing, toning, exfoliation and a skin cream

Duration: 30 Minutes
Per Person - R200

Pampering Facial

This facial leaves your skin feeling smooth and revitalized and looking radiant too. The process includes cleansing, exfoliation, gentle steam and mask. It also includes a quick Neck & Shoulders Massage

Duration: 60 Minutes
Per Person - R300

MATSIMELA PRODUCTS

Buy your Matsimela Facial Products directly from us. Pricelist on request



Mani & Pedi

Products Used:
Jessica
Gelaration

Paint and Go Hands OR Feet

For those on the go. Base Coat, Colour and Top Coat

Duration: 30 Minutes
Per Person - R100

Paraffin Wax Treatment

Paraffin wax can be effective in soothing and softening calluses on hands and feet and healing dry cracked skin, especially on heels

Duration: 30 Minutes
Per Person - R100

Regular Manicure OR Pedicure

A Regular manicure OR Pedicure includes soaking your hands or feet in warm soapy water to soothe and soften dead skin cells. A gentle exfoliation follow. Your fingernails are cleaned, clipped and filed. The nail technician moisturizes your hands while giving a hand OR foot massage. NO NAIL POLISH

Duration: 60 Minutes
Per Person - R300

Packages

Body and Soul

Give your body the pampering it deserves. The Body and Soul Package consist of: Full Body Exfoliation, Full Body Wrap, Swedish Back & Neck Massage

Duration: 90 Minutes
Per Person - R500
Per Couple - R900

The Full Monty

Pampering from Head to Toes. This Full Monty Package consist of: Full Body Exfoliation, Full Body Wrap, Full Body Massage, Pampering Facial, Express Mani & Pedi

Duration: 3 Hours
Per Person - R1 000
Per Couple - R1 800

Romantic Couples Package

Enjoy this Bone Melting Feel Good Romantic Therapy. This package includes: 60 Minutes Romantic Aromatherapy Massage, Romantic Picnic and non-alcoholic Champagne.

Duration: 60 Minutes (Massage)
Per Couple - R1 200

Friends Package

ONLY AVAILABLE TO GROUPS OF 4 AND MORE. This treatment includes: 60 Minutes Full Body Massage, Express Facial, Express Mani & Pedi, Snack Platter and non-alcoholic champagne

Duration: 3 Hours
Per Person - R1 000

ACTIVITIES

A person is rappelling down a rope on the right side of the image. They are wearing a white shirt, dark pants, and a helmet. The background is a vast, dense green forest. The top left corner shows a close-up of a rock face. A yellow triangle on the left side contains the text 'ADVENTURE FOR THE WHOLE FAMILY'. The bottom of the image has a white banner with the text 'WE WILL CLIMB THE HEIGHTS OF MOUNTAINS FOR YOU'.

FOR A BIT MORE THAN JUST FUN

**ADVENTURE
FOR THE
WHOLE
FAMILY**

WE WILL CLIMB THE HEIGHTS OF MOUNTAINS FOR YOU



BOAT CRUISES



DAILY CRUISE

Mondays - Saturdays, 13h00 - 15h00

Included in this cruise:

- 2 Hour Boat Cruise around Hartbeespoortdam
- Traditional South African hot and cold finger and fork gourmet snacks

Price:

Adults: R445 p/p
Children under 12: R220 p/c
Children under 6: Free



DAILY CHAMPAGNE SUNSET CRUISE

Mondays - Sundays, 16h00 - 18h00

Included in this cruise:

- 2 Hour Boat Cruise around Hartbeespoortdam
- Traditional South African hot and cold finger and fork gourmet snacks
- Champagne Welcoming Drink

Price:

Adults: R445 p/p
Children under 12: R220 p/c
Children under 6: Free

Come and experience Hartbeespoort from the water on one of our Daily Cruises or our famous Sunday Lunch Boat Cruise. There's just something special about gently cruising the waters of Hartbeespoort dam overshadowed by the Magaliesburg Mountain range. Relax and enjoy the sounds of water passing underneath the boat, birds swooping over the dam and fish jumping from below while you sip your drinks and enjoy gourmet snacks.

SUNDAY LUNCH CRUISE

Sundays, 13h00 - 15h00

Included in this cruise:

- 2 Hour Boat Cruise around Hartbeespoortdam
- 3 Course Buffet Lunch
- Champagne Welcoming Drink

Price:

Adults: R495 p/p

Children under 12: R220 p/c

Children under 6: Free



Packages

Daily/Sunset Champagne Cruise

Included in this Package:

- 2 Hour Boat Cruise around Hartbeespoortdam
- 60 Minutes Full Body Massage

Per Person: R800

Daily/Sunset Champagne Cruise

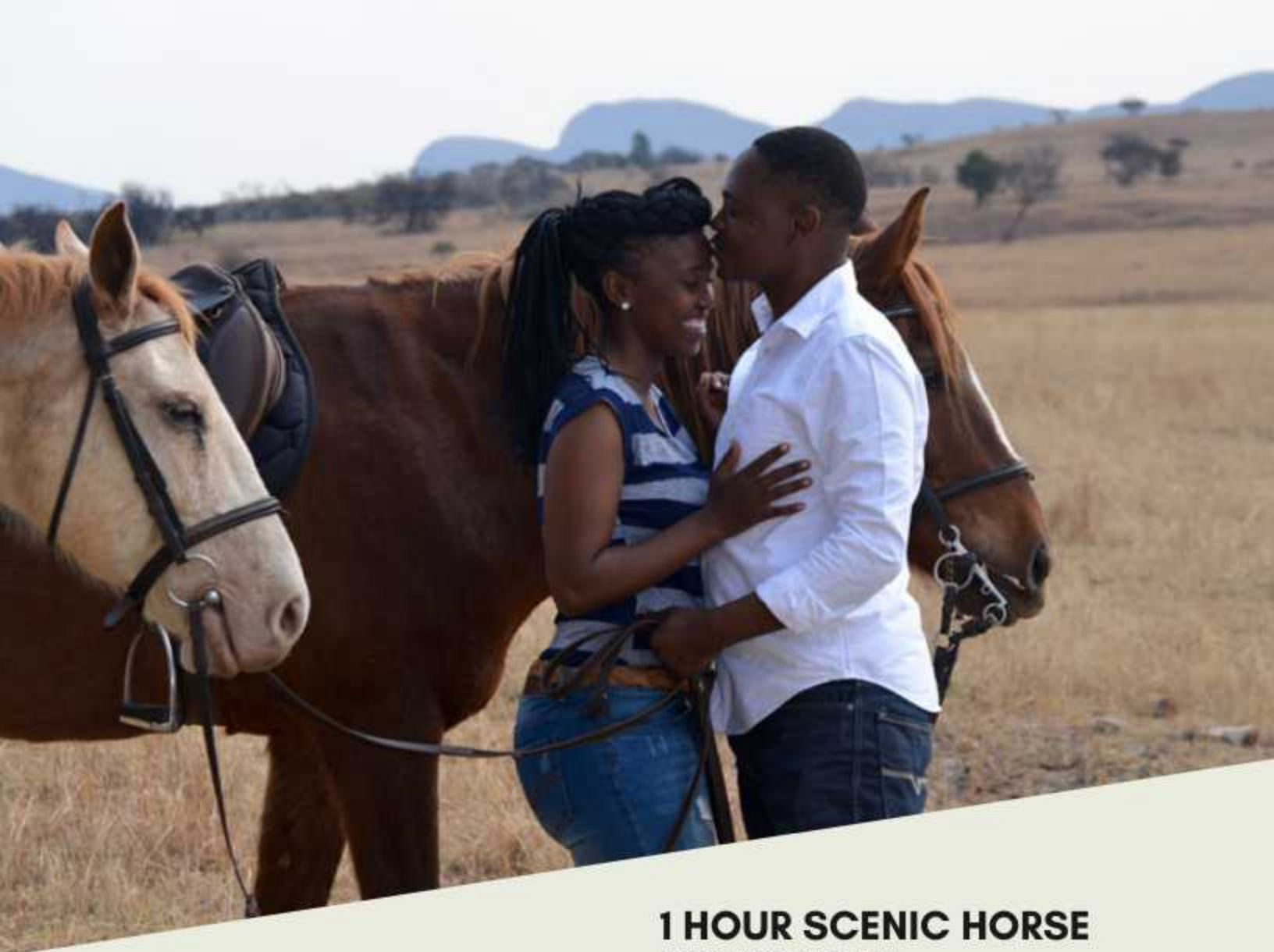
Included in this Package:

- 2 Hour Boat Cruise around Hartbeespoortdam
- 60 Minutes Full Body Massage

Per Person: R800



Facebook Rene Hood Ph



horseback riding

PACKAGE:

1 HOUR SCENIC HORSE RIDING
60 MINUTES FULL BODY MASSAGE

R700 PER PERSON

1 HOUR SCENIC HORSE RIDING TRAIL

NO HORSE RIDING EXPERIENCE NEEDED

This horse riding trail is Perfect for both First time and Experienced Horse riders alike!

Embarking from the Picturesque Farm Deo Duce, we trail on Horseback through beautiful South African Veld and meander along the Swart Stream Amazing bird life to be seen!

Our expertly trained Trail Horses, and your Own Personal Guide, make for a safe, thoroughly relaxing and unforgettable experience!

R350 PER PERSON



Picnic horseback

Embarking from Farm Deo Duce in Hartbeespoortdam, we Trail on Horseback up the Gorge of the Schurveberg Mountain

We then leave you to Picnic in Style In Secluded Privacy

Enjoy the most Breathtaking views, local Fauna and Flora, and Quality Time together

We then Trail back to the Farm

Picnic Includes Cold Meats, a Bread Basket, a Devine Salad, Sausage Rolls and Local Fruits

We also cater for special requests

Champagne / Wine and a beautiful bouquet of flowers can be arranged for an extra fee

No request is too big or too small for love, so contact us and we'll assist you in making that special memory!

R450 PER PERSON



PACKAGE:

HORSE RIDING & PICNIC
60 MINUTES FULL BODY MASSAGE

R800 PER PERSON

FUN

FOR A REAL HARTIES EXPERIENCE,
FUN FOR 2 OR THE WHOLE FAMILY



▼ Cable Cars

The Harties Cableway offers visitors panoramic views of the beautiful Magaliesberg, Hartbeespoort Dam and surrounding areas, as well as excellent recreational and educational facilities.

Price:		
Adults:	R210 p/p
Children under 14:	R130 p/c
Birthday:	Free

▼ Gear Up - Quad Biking

Our fully guided and safe trails will take you out of your comfort zone and on the ride of your life through bush, mountains and puddles, and mud (depending on the weather).

Our quads are easy to ride even for the novice. Quad biking is ideal for a couple, family, group of friends or for corporates.

R450 p/p 1 Hour



▼ Animals & More

Here, a world has been created where visitors can experience the essence of what makes Hartbeespoort Dam unique, the presence of animals, water lapping at stonewalls and jetties, giant tress, exotic foliage and towering cliffs.

The park has the most interesting Snake and Seal show held on Public Holidays, School Holidays and weekends at 12H00 and 15H00. It is a show not to be missed.

Price:		
Adults:	R130 p/p
Children 3 - 12 Years:	R 60 p/c

ACTIVITIES AT THE LION AND SAFARI PARK

Lion Cub Interaction



Only available with tours

R75 p/p

Get a once in a lifetime opportunity to interact with lion cubs and have a professional photograph taken with you and the cubs.

Lion Walk



No persons under age of 18

R795 p/p

This amazing experience will allow you to walk and interact with young lions in their natural habitat. Our trained guides will show you how to safely interact with the lions and share all their knowledge with you as you walk for 45min - 1hr. Our professional photographers will capture this once in a lifetime adventure. Lion Walks depart 10:00 and 15:00.

Giraffe Feeding



Giraffe Feed per Bag (Free entry)

R40 per bag

Have an extraordinary face-to-face encounter with the world's tallest animal – the Giraffe. Feed and interact with these warm and friendly animals from our specially designed feeding platform. An experience unlike any other.



PREDATOR TOUR

Led by a qualified and experienced guide the 45 minute guided tour will introduce you to some of South Africa's most famous predators. This amazing experience in one of the modern safari trucks will take you through the Lion, Wild dog and Cheetah enclosures where you will have an opportunity to find out more about these incredible animals. During the tour you may also get the opportunity to see many of the herbivore species including Giraffe, Zebra, Springbok and Impala.

LION FEEDING - WEEKENDS & PUBLIC HOLIDAYS AT 12:00 & 15:00 (feeding tour departs at 11:30 & 14:30)

Price:

Adults: **R240 p/p**

Children under 12: **Free**

Packages

Predator Tour Package

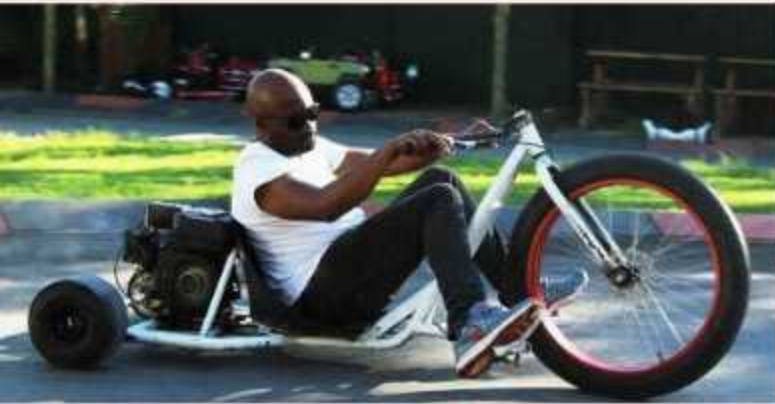
Included in this Package:

- 1 Hour Predator Tour
- Lion Cub Interaction
- 60 Minutes Full Body Massage

**Per Person:
R700**

FIND YOUR INNER CHILD

Drift Freaks



drift trikes

R120 p/p for 10 minutes



go carts

R120 p/p for 10 lapses



paintball maze

R120 p/p for 100 bullets

adventure golf

R50 p/p for 18 holes

human foosball

R50 p/p for 20 - 60 minutes



**combos
available on
request**



ZIPLINING

The adventure begins with a short briefing before putting on your gear! The tour will be conducted by professional guides who will ensure your safety. A short walk through the veld, in the Cradle of Humankind, brings you to the first platform. With a total length of 1.3km, made up of 7 slides, this adventure in the sky continues over ten platforms ranging in height from 2m up to 14m. Climbing the staircase takes you up to the highest platform where you can enjoy refreshments while taking in the breathtaking view of the surrounding Magaliesberg mountains and the Crocodile river. From the main tower you will take on the challenge of the longest slide (240 m) on the tour, while looking down on the zebra grazing below. Appreciate nature during a short walk to the next platform from which the last two slides will bring your adventure to an end. A short drive will take you back to the office and you might even spot some game along the way!



Departure times:
Every half hour from 8:30 to 15:00
Monday - Sunday
Who can go:
Anyone from the age of 7 years...

Per person rates:
R450.00 per person
R350.00 per school child



Enjoy the beauty of the Jukskei River on an adrenaline-pumping river raft. Tackle level one, and two rapids, led by our highly qualified guides. Ideal for the individual, couple, family or corporate team build, Our river rafting experience is suitable for everybody.

FILL YOUR LIFE WITH ADVENTURE

Our regular half day leisure trip is takes approximately 3 hours, but we can tailor longer trips for a full day or two. The rafting trips include grade 1 and 2 rapids with weirs that can become grade 3 or 4. The river is abundant with birds and wildlife. Equipment is supplied.

RIVER RAFTING

Times: Start at 09:00 or 13:00 or 16:00

Duration: Two hours, 4 Km River Trip

Per person rates:

R400.00 per person (2 Hours)

R750.00 per person (Full Day)

Abseiling

Abseiling, also known as rappelling from French rappeler, 'to recall' or 'to pull through', is a controlled descent off a vertical drop, such as a rock face, using a rope.

Abseil and conquer your fears. Drop 20m to the river using your arms to control the descent and your feet to kick off.

Our picturesque abseil sites, situated on the Crocodile river, Magaliesberg and the mountains of Dullstroom, are fully guided. Safety equipment is provided.

We cater for groups and individuals, young and old, experienced or novice. Take your own time and enjoy the scenery from a different angle.



R350 Per Person

River Tubing

Relax and enjoy the scenery on the Crocodile river current. This "Lazy River" journey downstream is perfect for group trips and an outdoor adventure experience, without the adrenaline rush.



How does it work?

Each person is on their own tube (provided by us) and will float about 2.5km down the Crocodile river. The trip takes about 2 hours, depending on the river level

Small rapids add to the excitement and the scenery is spectacular. Each group is accompanied by an adventure guide, who can take a cooler bag and refreshments along.

R250 Per Person

Chameleon Village



FAMILY DESTINATION



CHAMELEON SNAKE & LION PARK



Water Park
Snake & Reptile Park
Lion Park
The Ugly Duckling
Restaurants
Crafters Market
African Market
Live Music
Art Galleries
AND MUCH MORE...



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Let us make your
stay unforgettable

